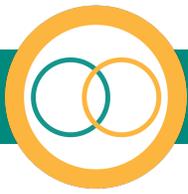


# REGISTRATION PACKET

BROOKINGS  
COMMUNITY GAMES  
2020

JUNE 26-28, 2020 | REGISTRATION DEADLINE: MONDAY, MAY 11





# 2020 BROOKINGS COMMUNITY GAMES

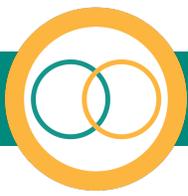
## **Dear Prospective Community Games Team:**

The City of Brookings Parks and Recreation Department and Brookings Health System are excited to present the 1st Inaugural Community Games! The event is scheduled for June 26-28, 2020.

The focus of this event is to introduce people to a multitude of recreational activities and facilities; promote the importance and satisfaction of living a healthy lifestyle; offer friendly competition; and provide the opportunity to meet new people while having a lot of fun! The smiles and memories will prevail over any soreness your body may experience!

Community Games includes individual and team activities. Some of the events are traditional, like Tennis, Basketball and Volleyball. We also have unique activities such as a Team Adventure Relay & Obstacle/Agility Course. Because we like to also challenge your creative talents, we are offering the sidewalk chalk art competition!

The fun and games will be here before you know it, so start putting together a team today! Each team will be made up of a maximum of 25 participants. **Registration deadline is Monday, May 11, Registration is limited to the first 30 teams!** If you would like more information, please contact the Brookings Parks & Recreation Office at 605-692-2708.



# 2020 BROOKINGS COMMUNITY GAMES

## ENTRY FEE & BENEFITS:

- The entry fee is \$25 per person. Maximum of 25 participants per team. Checks payable to BPRD.
- All participants will receive a team T-shirt, refreshments, and a meal at the closing ceremony.

## REGISTRATION:

- Community Games is **limited** to the first 30 teams to register. The final deadline is **Monday, May 11<sup>th</sup>**.
  - We recommend that you register early to ensure a spot!
- In order to be officially registered, the team captain must turn in the following:  Team Entry Form & Participation Numbers Form.
  - Enclose the team entry fee of \$25 per person and deliver to the Brookings Parks and Recreation Office 520 3<sup>rd</sup> Street, Suite 130.
  - Double check your T-shirt sizes and that the number of people on your team corresponds to total entry fee paid.
  - We recommend that you make copies of your Team Entry Form and Participation Numbers Form for future reference.
- Team captains will be emailed a confirmation on May 14<sup>th</sup>. If you do not receive the confirmation email on the 14<sup>th</sup>, please call the BPRD Office at 605-692-2708.

## INCLEMENT WEATHER:

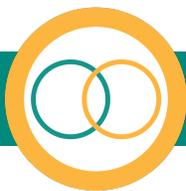
- In the event of inclement weather, some events may be cancelled, postponed or revised. Changes due to weather will be announced on our Brookings Park & Recreation Facebook page. Entry fees are not refundable due to weather cancellations.

## HELPFUL HINTS WHEN ORGANIZING YOUR TEAM:

- Establish a team captain and assistant captain.
- Start planning early. Schedule a meeting for interested participants to sign-up.
- Do not include a person on your roster until you receive his/her entry fee.
- Encourage teammates to participate in more than just 1 event.
- Utilize your entire team and recruit enough people in an effort to have participants in every event. However, teams are not required to have participants in every event.
- Do not have team members sign-up to participate in events that occur during the same time frame.
- Network your efforts and identify people who can help solicit participants and develop team spirit.
- Schedule an organizational meeting a few days before the Games to distribute shirts, schedules and rules.
- Last, but not least...keep the emphasis on having FUN!

## FOR MORE COMMUNITY GAMES INFORMATION:

- Brookings Park & Recreation Department, at 605-692-2708



# 2020 BROOKINGS COMMUNITY GAMES

## PURPOSE:

To encourage physical fitness, community spirit, teamwork, socialization, and fun.

## TEAMS:

- Team members must be 18 years of age or older as of June 26<sup>th</sup>, 2020.
- Teams are usually comprised of people from businesses, neighborhoods, service clubs, churches, or a group of friends.
- Teams must consist of at least 10 people, but no more than 25. We recommend 20-25.
- Each team shall appoint a team captain and an assistant captain.

## EVENTS:

Yoga	5K Run/Walk	Free Throw Shooting	Bike Ride	Puck Shot
Pickleball	Sand Volleyball	Team Adventure Relay	Disc Golf	Track & Field
Horseshoes	Wellness Walk	Swimming Relays	Obstacle/Agility Course	
Kickball	Sidewalk Chalk Art	Team Banner Challenge		

## TENTATIVE SCHEDULE:

(Schedule may be slightly altered depending on the number of teams entered)

### Friday, June 26

5:30 p.m.–6:00 p.m.	Yoga, Pioneer Park
6:15 p.m.–7:45 p.m.	Track & Field (4x100 Coed Relay, 100M Dash, Standing Long Jump)
6:30 p.m.–9:30 p.m.	Mixed Doubles Tennis, Hillcrest Tennis Courts
8:00 p.m.–9:30 p.m.	Coed Swimming Relays, Hillcrest Aquatic Center

### Saturday, June 27

7:30 a.m.–9:00 a.m.	5K Run/Walk, Brookings Health System
9:30 a.m.–12:30 p.m.	Mixed Doubles Pickleball, Hillcrest Tennis Courts
9:30 a.m.–11:00 a.m.	Mixed Doubles Horseshoes, Hillcrest Horseshoe Courts
10:00 a.m.–4:00 p.m.	Coed kickball tournament, Southbrook if no SB tournament???
11:15 a.m.–12:45p.m.	Coed Team Adventure Relay, Dakota Nature Park
1:00 p.m.– 4:00 p.m.	Men’s, Women’s, Coed Doubles Alternate 9-hole Disc Golf, Larson Park Disc Golf Course
1:00 p.m.–3:00 p.m.	Men’s & Women’s Basketball Free Throw Shooting, Moriarty Park
1:30 p.m.–2:45 p.m.	Puck Shot, Larson Ice Arena
3:00 p.m.–6:00 p.m.	Coed Sand Volleyball, Sexauer Sand Volleyball Courts
6:30 p.m.–9:00 p.m.	Sidewalk Chalk Art Challenge, Downtown Brookings

### Sunday, June 28

8:00 a.m.–8:45 a.m.	1.25 Mile Wellness Walk, Southbrook Parking Lot
8:00 a.m.–9:45 a.m.	6 Mile Bike Ride, Southbrook Parking Lot
10:00 a.m.–12:00 p.m.	Coed Obstacle/Agility Course, Pioneer Park
11:00 a.m.–12:00 p.m.	Banner Judging, Pioneer Park
12:00 p.m.–2:00 p.m.	Barbecue & Awards Ceremony, Pioneer Park

## **IMPORTANT NOTE: Participants should not try to participate in events that occur at the same time or overlap.**

For example, participants should not try to compete in Pickleball and the Bowling because the events are scheduled during the same time. The final schedule of event times will be announced after all registrations are received.



# 2020 BROOKINGS COMMUNITY GAMES

## **TEAM POINTS & AWARDS:**

Participants/teams will earn points for their team as described as follows:

Team points will be accumulated and used to determine a Community Games Team Champion. The top three teams overall will receive awards. Additionally, the top three teams comprised solely of employees and/or spouses from the same business will receive workplace awards. Participants/teams finishing first, second or third in any event will receive a medal, except for "participation events". The team exhibiting the best unity, enthusiasm and sportsmanship will be presented the "Team Spirit" award. The awards will be presented Sunday evening following the barbecue.

The number of points a team earns depends on the event.

**Participation Events:** 1 point per participant.

Yoga	5K Walk	Wellness Walk	Bike Ride
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**Individual events:** 15 points for 1<sup>st</sup>, 10 points for 2<sup>nd</sup>, 5 pts for 3<sup>rd</sup>, 1 point for participating.

Puck Shot	100 Meter Dash	Free Throw Shooting
Standing Long Jump	Sidewalk Chalk Art	5K Run (Age Divisions)

**Small events:** 30 points for 1<sup>st</sup>, 20 points for 2<sup>nd</sup>, 10 points for 3<sup>rd</sup>, 5 points for 4<sup>th</sup>, 3 points for participating.

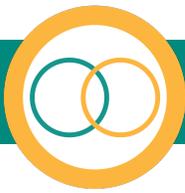
Mixed Doubles Horseshoes	Mixed Doubles Tennis	Team Swimming Relays
Mixed/Doubles Pickleball	Team Banner Challenge	Coed 4X100 Relay (Age Divisions)
Doubles/Coed Alternate Throw	9- hole Disc Golf	

**Major team events:** 50 points for 1<sup>st</sup>, 35 points for 2<sup>nd</sup>, 20 points for 3<sup>rd</sup>, 10 points for 4<sup>th</sup>, 5 points for participating.

Obstacle/Agility Course

**Kickball & Volleyball:** Team points and format to be determined based on the number of teams registered.

**Team Adventure Relay:** 30 points = 1<sup>st</sup>, 25 points = 2<sup>nd</sup>, 20 points = 3<sup>rd</sup>, 16 points = 4<sup>th</sup>, 14 points = 5<sup>th</sup>, 12 points = 6<sup>th</sup>, 10 points = 7<sup>th</sup>, 8 points = 8<sup>th</sup>, 6 points = 9<sup>th</sup>, 4 points = 10<sup>th</sup> all teams receive 3 points for participating.



# 2020 BROOKINGS COMMUNITY GAMES

## PARTICIPATION NUMBERS

TEAM NAME: \_\_\_\_\_

Complete the form below and submit with your entry form. **IMPORTANT – Pay close attention if the event is asking for number of people or number of teams.**

Do not exceed the maximum number of participants or teams allowed for each event.

### YOGA (Friday evening)

25 participants maximum per team.

\_\_\_\_\_ Participants

### MIXED DOUBLES TENNIS (Friday evening)

1 coed doubles team maximum per team.

\_\_\_\_\_ Team

### TRACK & FIELD (Friday evening)

1 coed 4x100M relay team, 1 women & 1 men 100M dash participants, and 2 women and 2 men standing jump participants maximum per team.

\_\_\_\_\_ Coed 4x100M Relay team

\_\_\_\_\_ Women's 100M Dash Participant

\_\_\_\_\_ Men's 100M Dash Participant

\_\_\_\_\_ Women's Standing Long Jump Participants

\_\_\_\_\_ Men's Standing Long Jump Participants

### MIXED DOUBLES TENNIS (Friday Evening)

1 mixed doubles team maximum per team.

\_\_\_\_\_ Mixed Team

### SWIMMING (Friday Evening)

1 women's and 1 men's 4x50M relay team, and 1 coed 4x50M wacky relay team maximum per team.

\_\_\_\_\_ Women's 4x50M Freestyle Relay Team

\_\_\_\_\_ Men's 4x50M Freestyle Relay Team

\_\_\_\_\_ Coed 4x50M Wacky Relay Team

### 5K RUN/WALK (Saturday morning)

The 5K walk is not a race. 25 participants maximum per team.

\_\_\_\_\_ Participants

### MIXED DOUBLES PICKELBALL (Saturday Morning)

1 coed doubles team maximum per team.

\_\_\_\_\_ Team

### MIXED DOUBLES HORSESHOES (Saturday Morning)

1 mixed doubles team maximum per team.

\_\_\_\_\_ Mixed Doubles Team

### COED KICKBALL (Saturday morning/afternoon.)

1 coed team maximum per team.

\_\_\_\_\_ Coed Team

### TEAM ADVENTURE RELAY (Saturday Afternoon)

2 coed team's maximum per team.

\_\_\_\_\_ Coed Teams

### WOMEN'S & MEN'S BASKETBALL FREE-THROW SHOOTING (Saturday afternoon)

2 women and 2 men maximum per team.

\_\_\_\_\_ Women

\_\_\_\_\_ Men

### WOMEN'S, MEN'S & COED DOUBLES ALTERNATE THROW DISC GOLF (Saturday afternoon)

1 women's, 1 men's, and 1 coed doubles team maximum per team.

\_\_\_\_\_ Women's Team

\_\_\_\_\_ Men's Team

\_\_\_\_\_ Coed Team

### PUCK SHOT (Saturday Afternoon)

2 women and 2 men maximum per team.

\_\_\_\_\_ Women

\_\_\_\_\_ Men

### COED SAND VOLLEYBALL (Saturday Afternoon/Evening)

1 coed team maximum per team.

\_\_\_\_\_ Coed Team

### SIDEWALK CHALK ART (Saturday Evening)

2 women and 2 men maximum per team.

\_\_\_\_\_ Women

\_\_\_\_\_ Men

### WELLNESS WALK (Sunday morning)

15 participants maximum per team.

\_\_\_\_\_ Participants

### BIKE RIDE (Sunday morning)

15 participants maximum per team.

\_\_\_\_\_ Participants

### COED OBSTACLE/AGILITY COURSE (Sunday Morning)

1 coed obstacle/agility course team maximum per team.

\_\_\_\_\_ Coed Team

### TEAM BANNER CHALLENGE (Sunday morning)

15 participants maximum per team.

\_\_\_\_\_ Participants

# 2020 BROOKINGS COMMUNITY GAMES RULES

## YOGA:

**Location:** Pioneer Park

**Team Limits:** Unlimited participation.

1. Participants will complete a yoga routine led by staff.
2. 1 participation point will be given to each participant for completing the routine.

## TRACK & FIELD:

**Location:** Brookings High School Track

**Team Limits:** 1 coed 4x100M relay team maximum. 1 woman and 1 man in the 100M dash. 2 women and 2 men standing long jumpers maximum.

1. The relay and the dash will be done in timed flights. This means that each team/individual will only run once and will race against time.
2. Runners that interfere with another team will be disqualified.
3. The 4x100 meter relay will involve 2 women and 2 men each running 100 meters in any order preferred.
4. Each standing long jumper will get 2 jumps. Jumps will be measured to the nearest quarter inch. Ties will be broken according to who had the second longest jump.
5. Standing long jumpers may not step into their jump. Jump must be off 2 feet and from behind the scratch line

## MIXED DOUBLES TENNIS:

**Location:** Hillcrest Tennis Courts

**Team Limits:** 1 coed doubles team maximum per Community Games Team.

1. A no-add, six game pro set will be played. First team to win six games is the winner, however a team must win by 2 games. If tied at 6 games apiece, a 7-point tiebreaker will be played.
2. Participants must supply their own racquet and balls.
3. The team listed first on the bracket will serve first. The other team will have their choice of side.
4. Teams will switch sides of the court on odd-numbered games.
5. A single elimination tournament will be held. Multiple tournaments may be conducted.

## SWIMMING:

**Location:** Hillcrest Aquatic Center

**Team Limits:** 1 women's and 1 men's 4x50M freestyle relay team maximum. 1 coed 4x50M wacky relay team maximum. Participants can only be on 1 relay team.

1. Events will utilize the 50-meter length of the pool.
2. The wall must be touched before the next teammate can swim.
3. For the 4x50M freestyle relay, the women will swim the first and third legs. The men will swim the second and fourth legs.
4. For the 4x50M Wacky Relay, an inner-tube must be used on for the first leg. A kickboard must be used for the second leg, a foam noodle must be used for the third leg. The fourth leg will be freestyle swimming. The men must do the first and third legs. The women must do the second and fourth legs. Further instructions will be given at the event.

## 5K RUN / WALK (3.1 miles):

**Location:** Brookings Health System

**Team Limits:** Unlimited participation.

1. Every Community Games team member who participates and finishes the run or walk will earn a point for his/her team.
2. Participants in the 5K run finishing first, second, or third in their age division will earn additional points for their team. Age Divisions: 18-29, 30-39, 40-49, 50-59, 60-69, 70-79, 80+
3. The 5K walk is not a race.

## MIXED DOUBLES HORSESHOES:

**Location:** Hillcrest Horseshoe Courts

**Team Limits:** 2 mixed doubles teams maximum per Community Games Team. Participants can only be on 1 team.

1. Games will be played to 21 points.
2. 1 point for shoe nearest the stake; 2 points if both shoes are nearer than the opponents; three points for each ringer. Opponents' shoes lying equal distance from the stake or both ringers will cancel each other out. A leaning shoe has the same value as that of a shoe lying on the ground.
3. Horseshoes must be in the box in order to count.
5. The tournament will follow a single elimination format. Multiple tournaments will be conducted.

## COED KICKBALL TOURNAMENT:

**Location:** Southbrook Park

**Team Limits:** 1 coed team maximum per Community Games Team.

1. A team must consist of both men and women players.
2. Unless otherwise mentioned, Brookings Park & Recreation Adult Kickball League Rules will apply.
3. The scoring and tournament format will be determined once the number of teams is known.

# 2020 BROOKINGS COMMUNITY GAMES RULES

## MIXED DOUBLES PICKLEBALL:

**Location:** Hillcrest Tennis Courts

**Team Limits:** 1 mixed doubles team maximum per Community Games Team

1. Paddles and pickleballs will be supplied. Participants may also use their own approved paddle.
2. Serve: Players must keep both feet behind the back line when serving. The serve is made underhand. The paddle must pass below the waist. The server must hit the ball in the air on the serve. The wrist must be above the ball height when contact is made. The service is made diagonally cross court and must clear the non-volley zone. Only 1 serve attempt is allowed, except if the ball touches the net on the serve and lands in the proper service court. Then a second serve may be taken.
3. Serve Sequence: The services always start on the right-hand court and alternates from right to left to right, etc... as long as the server holds the serve (i.e. won the point). The team serving the initial serve of the game can only commit 1 fault (i.e. lose the point) before it is passed on to the opposing team. After that, each team member serves until that player loses the serve when the team commits a fault. After both players have lost their serves, the serve passes to the opposing team. If the serve rotation is done properly in doubles, the serving team's score will always be even when the player that started the game on the right side is on the right side and odd when that player is on the left side.
4. Volley: To volley a ball means to hit it in the air without first letting it bounce. All volleying must be done with the player's feet behind the non-volley zone. Stepping into the non-volley zone on a volley follow-through is also a fault. The non-volley zone is 7' in length on both sides of the net. This area is called "The Kitchen".
5. Double Bounce Rule: Each team must play their first shot off the bounce. That is, the receiving team must let the serve bounce, and the serving team must let the return of serve bounce before playing the ball. After that point, the ball can be either volleyed in the appropriate zone or played off 1 bounce.
6. Fault: a) hitting the ball out-of-bounds; b) the ball does not clear the net; c) stepping into the non-volley zone and volleying the ball; d) violating the double bounce rule.
7. Scoring: Rally scoring will be used. A player who is serving shall continue to serve until a fault is made by the serving team. The game is played to 15 points, but must be won by 2 points. Games can be shortened to 11 points if tournament is behind schedule. The server should announce the score and the serve prior to serving. For example, the server should say their score, then their opponents score, then 1 or 2 depending if they are the first server or second serve.
8. The tournament will follow a single elimination format. Multiple tournaments will be conducted.

## TEAM ADVENTURE RELAY:

**Location:** Dakota Nature Park

**Team Limits:** 2 coed teams maximum per Community Games Team. Participants can only be on 1 team.

1. A relay team must consist of 2 women and 2 men.
2. The race will involve participants running various "legs of the course" and doing vigorous physical and/or mental challenges at different checkpoints throughout the course.
3. Teammates will tag between legs.
4. Teams compete for the best time.
5. Participants will be given further instructions at the event.

## BASKETBALL FREE-THROW SHOOTING:

**Location:** Moriarty Park

**Team Limits:** 2 women and 2 men maximum per Community Games Team.

1. Each participant is allowed up to 3 warm up shots and then will shoot 20 consecutive free-throws.
2. All participants who make 15 or more free throws will advance to the final round beginning at 6pm. During the final round, participants will shoot another 20 free throws. Scores from the first round will not count, but will be used if needed to break a tie.
3. If there are not at least 3 participants that make 15 or more free throws in the first round, first-third places will be determined by the most free throws made in that round.

## PUCK SHOT:

**Location:** Larson Ice Center

**Team Limits:** 2 women and 2 men maximum per Community Games Team.

1. Each participant is allowed up to 3 warm up shots and then will shoot 10 consecutive shots.

## COED SAND VOLLEYBALL:

**Location:** Sexauer Sand Volleyball Courts

**Team Limits:** 1 coed team maximum per Community Games Team.

1. A team must consist of at least 6 players.
2. There may not be more men on the court than women at any given time.
3. Rally point scoring will be utilized.
4. Substitutions in center back position.
5. Unless otherwise mentioned, Brookings Park & Recreation Coed Adult Volleyball League Rules will apply.
6. The scoring and tournament format will be determined once the number of teams is known.

# 2020 BROOKINGS COMMUNITY GAMES RULES

## WOMEN'S, MEN'S AND COED DOUBLES ALTERNATE THROW DISC GOLF:

**Location:** Larson Park

**Team Limits:** 1 women's, 1 men's, and 1 coed doubles team maximum per Community Games Team.

1. Participants can only be on 1 doubles team. (i.e. you can't be a doubles team and also on a mixed doubles team.)
2. Doubles teams will play the course with a doubles team from another Community Games team.
3. Participants from each doubles team must alternate throws. For example, if player #1 throws first, then player #2 will do the second throw. If player #1 ultimately finishes the "hole" by throwing his/her disc in the basket, then player #2 will throw first on the next hole.
4. 1 "stroke" is counted each time the disc is thrown and when a penalty is incurred.
5. Tee throws" must be completed within the designated tee areas. After teeing off, the player whose disc is farthest from the hole will be the first to throw the next shot.
6. Players may have a run-up to throw their disc but cannot cross their original spot of the disc.
7. Once the disc lands in the chained basket, the hole is completed.
8. A disc that comes to rest more than 6 feet above the ground is considered unplayable. The disc must be thrown from the ground directly below the lie and 1 additional stroke penalty is assessed.
9. A disc that lands out-of-bounds must be played from the point where the disc went out-of-bounds with a 1 stroke penalty. Out-of-bound locations are described on the scorecard.
10. Never throw until players ahead of you are out of range.
11. Obstacles to a player's stance or throwing motion that are permanent or are an integral part of the course can't be moved, bent, or altered by the player to facilitate the throw, except as to allow the player to take legal stance on the lie. When playing the lie, the player must choose a stance that will result in the least movement of any part of the obstacle between the lie and the hole.
12. A player may declare a lie unsafe and ask that the disc be relocated to a new playable lie within 5 yards, with a 1 stroke penalty.
13. 9 "holes" will be played.
14. The object is to have the lowest score
15. Regulation discs will be supplied if needed.

## SIDEWALK CHALK ART CHALLENGE:

**Location:** Downtown Area Sidewalks

**Team Limits:** 2 women and 2 men maximum per Community Games Team.

1. Chalk will be provided

## WELLNESS WALK (approximately 1.25 miles):

**Location:** Southbrook Parking Lot

**Team Limits:** Fifteen participant's maximum, any gender, per Community Games Team.

1. The walk is not a race.
2. The walk will occur on a concrete trail.

## BIKE RIDE (approximately 7 miles):

**Location:** Southbrook Parking Lot

**Team Limits:** Fifteen participant's maximum, any gender, per Community Games Team.

1. This is a ride and not a race.
2. The ride will start and end in the Southbrook Parking Lot. The ride will take place on concrete bike trails and some streets.
3. Participants must bring and wear an approved helmet.
4. Bikes should be in good working order. Water bottles are highly recommended.
5. For safety purposes, please do not bring kids to ride with participants.
6. Participants should ride on the right side of the trail, make verbal announcement to pass, and pass on the left.
7. Further instructions will be given at the event.

## COED OBSTACLE/AGILITY COURSE:

**Location:** Pioneer Park

**Team Limits:** 1 coed obstacle/agility course team maximum per Community Games Team.

1. An obstacle/agility course team shall consist of 8 people, consisting of 4 women and 4 men.
2. Teams compete for best time.
3. After the first heat, the top 4 teams will compete in the finals.
4. No special equipment, such as "spikes", will be allowed.
5. A course diagram and instructions will be provided at a later date.

## BANNER CONTEST:

**Location:** Pioneer Park

**Team Limits:** 15 team member's maximum per Community Games Team.

1. Banners will be judged on creativity, look and detail.

*Rules for all sports may be adjusted on site if deemed necessary by the event manager*

**SPECIFIC EVENT PARTICIPANTS:**

**These forms are designed to help captains organize their team.  
Captains DO NOT need to submit these forms with their entry.**

**FRIDAY, JUNE 26**

**YOGA:**

(unlimited participation, any gender)

- 1. \_\_\_\_\_
- 2. \_\_\_\_\_
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- 25. \_\_\_\_\_

**SWIMMING RELAYS:**

Coed 4x50M Wacky Relay  
(1 coed team maximum)

- 1. \_\_\_\_\_ Female
- 2. \_\_\_\_\_ Female
  
- 1. \_\_\_\_\_ Male
- 2. \_\_\_\_\_ Male

**WOMEN'S & MEN'S 4X50M FREESTYLE RELAY:**

(1 women's team and 1 men's team max)

- 1. \_\_\_\_\_ Female
- \_\_\_\_\_ Female
- \_\_\_\_\_ Female
- \_\_\_\_\_ Female
  
- 1. \_\_\_\_\_ Male
- \_\_\_\_\_ Male
- \_\_\_\_\_ Male
- \_\_\_\_\_ Male

**MIXED DOUBLES TENNIS:**

(1 coed team maximum)

- 1. \_\_\_\_\_ Female
- \_\_\_\_\_ Male

**TRACK & FIELD:**

Coed 4x100M Relay  
(1 coed team maximum)

- 1. \_\_\_\_\_ Female
- \_\_\_\_\_ Female
- \_\_\_\_\_ Male
- \_\_\_\_\_ Male

**WOMEN'S & MEN'S 100M DASH:**

(1 woman and 1 man maximum)

- 1. \_\_\_\_\_ Female
- 1. \_\_\_\_\_ Male

**WOMEN'S & MEN'S STANDING LONG JUMP:**

(2 women and 2 men maximum)

- 1. \_\_\_\_\_ Female
- 2. \_\_\_\_\_ Female
  
- 1. \_\_\_\_\_ Male
- 2. \_\_\_\_\_ Male

**SATURDAY, JUNE 27**

**5 K RUN / WALK:**

(unlimited participation, any gender)

1. \_\_\_\_\_
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18. \_\_\_\_\_
19. \_\_\_\_\_
20. \_\_\_\_\_
21. \_\_\_\_\_
22. \_\_\_\_\_
23. \_\_\_\_\_
24. \_\_\_\_\_
25. \_\_\_\_\_

**MIXED DOUBLES PICKLEBALL:**

(1 mixed doubles team maximum)

1. \_\_\_\_\_ Female  
\_\_\_\_\_ Male

**MIXED DOUBLES HORSESHOES:**

(1 mixed doubles team maximum)

1. \_\_\_\_\_ Female  
\_\_\_\_\_ Male

**COED KICKBALL: (1 coed team maximum)**

1. \_\_\_\_\_ Female
2. \_\_\_\_\_ Female
3. \_\_\_\_\_ Female
4. \_\_\_\_\_ Female
5. \_\_\_\_\_ Female
6. \_\_\_\_\_ Female
1. \_\_\_\_\_ Male
2. \_\_\_\_\_ Male
3. \_\_\_\_\_ Male
4. \_\_\_\_\_ Male
5. \_\_\_\_\_ Male
6. \_\_\_\_\_ Male

**COED TEAM ADVENTURE RELAY:**

(2 coed teams maximum)

1. \_\_\_\_\_ Female  
\_\_\_\_\_ Male  
\_\_\_\_\_ Female  
\_\_\_\_\_ Male
2. \_\_\_\_\_ Female  
\_\_\_\_\_ Male  
\_\_\_\_\_ Female  
\_\_\_\_\_ Male

**WOMEN'S & MEN'S PUCK SHOT:**

(2 women and 2 men maximum)

1. \_\_\_\_\_ Female
2. \_\_\_\_\_ Female
1. \_\_\_\_\_ Male
2. \_\_\_\_\_ Male

**WOMEN'S & MEN'S BASKETBALL**

**FREE THROW SHOOTING:**

(2 women and 2 men maximum)

1. \_\_\_\_\_ Female
2. \_\_\_\_\_ Female
1. \_\_\_\_\_ Male
2. \_\_\_\_\_ Male

**SATURDAY, JUNE 27 continued:**

**WOMEN'S, MEN'S & COED  
ALTERNATE THROW DOUBLES DISC GOLF:**  
(1 Women's, 1 Men's and 1 coed team maximum)

1. \_\_\_\_\_ Female  
\_\_\_\_\_ Female

1. \_\_\_\_\_ Male  
\_\_\_\_\_ Male

1. \_\_\_\_\_ Female  
\_\_\_\_\_ Male

**COED SAND VOLLEYBALL:**  
(1 coed team maximum)

1. \_\_\_\_\_ Female

2. \_\_\_\_\_ Female

3. \_\_\_\_\_ Female

4. \_\_\_\_\_ Female

5. \_\_\_\_\_ Female

6. \_\_\_\_\_ Female

1. \_\_\_\_\_ Male

2. \_\_\_\_\_ Male

3. \_\_\_\_\_ Male

4. \_\_\_\_\_ Male

5. \_\_\_\_\_ Male

6. \_\_\_\_\_ Male

**WOMEN'S & MEN'S SIDEWALK CHALK ART:**  
(1 woman and 2 men maximum)

1. \_\_\_\_\_ Female

2. \_\_\_\_\_ Female

1. \_\_\_\_\_ Male

2. \_\_\_\_\_ Male

**SUNDAY, JUNE 28:**

**1.25 MILE WELLNESS WALK:**  
(15 participants maximum, any gender)

1. \_\_\_\_\_

2. \_\_\_\_\_

3. \_\_\_\_\_

4. \_\_\_\_\_

5. \_\_\_\_\_

6. \_\_\_\_\_

7. \_\_\_\_\_

8. \_\_\_\_\_

9. \_\_\_\_\_

10. \_\_\_\_\_

11. \_\_\_\_\_

12. \_\_\_\_\_

13. \_\_\_\_\_

14. \_\_\_\_\_

15. \_\_\_\_\_

**6 MILE BIKE RIDE:**  
(15 participants maximum, any gender)

1. \_\_\_\_\_

2. \_\_\_\_\_

3. \_\_\_\_\_

4. \_\_\_\_\_

5. \_\_\_\_\_

6. \_\_\_\_\_

7. \_\_\_\_\_

8. \_\_\_\_\_

9. \_\_\_\_\_

10. \_\_\_\_\_

11. \_\_\_\_\_

12. \_\_\_\_\_

13. \_\_\_\_\_

14. \_\_\_\_\_

15. \_\_\_\_\_

**SUNDAY, JUNE 28 continued:**

**COED OBSTACLE/AGILITY COURSE:**

(1 coed team maximum)

1. \_\_\_\_\_ Female
- \_\_\_\_\_ Male
- \_\_\_\_\_ Female
- \_\_\_\_\_ Male
- \_\_\_\_\_ Female
- \_\_\_\_\_ Male
- \_\_\_\_\_ Female
- \_\_\_\_\_ Male

**TEAM BANNER CHALLENGE:**

(15 participants maximum, any gender)

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_
5. \_\_\_\_\_
6. \_\_\_\_\_
7. \_\_\_\_\_
8. \_\_\_\_\_
9. \_\_\_\_\_
10. \_\_\_\_\_
11. \_\_\_\_\_
12. \_\_\_\_\_
13. \_\_\_\_\_
14. \_\_\_\_\_
15. \_\_\_\_\_