

ADULT VOLLEYBALL RULES

High School volleyball rules apply.

Time limit: 55 minutes.

Coin flip determines serve of first game, loser of previous game serves game 2 & 3.

Teams may play with any number of players, with a maximum of 6. There are no forfeits for lack of players. If a team does not show for a game, the first game is forfeited at the scheduled time and the second game is forfeited and match is forfeited 15 minutes after the scheduled starting time.

Rally scoring to 25 – must win by 2.

Match: 2 wins out of 3 games.

Cannot block or spike a serve.

Let serve will be played. A serve contacting the ceiling is a sideout.

Boundary lines are part of the court.

Center line violation occurs only when you step entirely across the line.

Ball must pass entirely over the net to be inbounds.

Once any part of the ball has crossed the net it may be played by the defensive team. The ball may be blocked before it has crossed the net but cannot be interfered with if the offensive team is making a play.

1 time out per game.

All substitutions will be made in the center position of the back row.

No black soled shoes allowed.

Food and drink are not allowed in the facility.

Serve may be bumped or set (no double hits).

CO-ED Legal Volleys	1 Hit: over on first hit by either a man or woman.
	2 Hit: must be hit by a man & a woman; or 2 women.
	3 Hit: must be hit by men & women in any order; or 3 women.

Ceiling: A ball that hits the ceiling and comes back into play by the same team, may be played if less than 3 hits. After touching the ceiling the ball crosses the net it is side out or point.

Children: If you bring your children to adult league volleyball, remember that they are YOUR responsibility and no supervision is available. Please do not allow you children to interfere with your game or other games in progress.

OFFICIAL'S DUTIES:

1. Flip coin to start game.
2. Signal for serve (whistle blast).
3. Keep score & keep teams informed of score after each point (score cards provided).
4. Call net & line violations and if the ball is in or out on volley & serve, unless blocked by players.
5. Officials will call double hits, but not all other illegal hits. Calls will be made at the level of play for each team. (Work with the officials on this, it does create a gray area but is necessary with the wide range of abilities we have in the league.)